



| Friday 7 March | | | Saturday 8 March | | | Saturday 8 March | | | Sunday 9 March | | |
|---|------------------------------|-----|---|-----------------------------------|-----|---|---------------------------|-----|---|------------------------------|-----|
| Session 1 | | | Session 2 | | | Session 3 | | | Session 4 | | |
| Warm-Up: 3pm – 3.50pm Competition: 4pm | | | Warm-Up: 7am – 7.50am Competition: 8am | | | Warm-Up: 3pm – 3.50pm Competition: 4pm | | | Warm-Up: 7am – 7.45am Competition: 8am | | |
| 1 | 6 x 50m Freestyle Club Relay | Mix | 401 | 4 x 25m Freestyle Kick Club Relay | Mix | 18 | 4 x 50m Medley Club Relay | Mix | 27 | 4 x 50m Freestyle Club Relay | Mix |
| 2 | 50m Breaststroke | F | 10 | 100m Individual Medley | F | 19 | 50m Butterfly | F | 28 | 50m Freestyle | F |
| 3 | 50m Breaststroke | M | 11 | 100m Individual Medley | M | 20 | 50m Butterfly | M | 29 | 50m Freestyle | M |
| 101 | 50m Breaststroke – SWD | Mix | 103 | 100m Individual Medley - SWD | Mix | 106 | 50m Butterfly – SWD | Mix | 108 | 50m Freestyle – SWD | F |
| 4 | 100m Butterfly | F | 12 | 50m Backstroke | F | 21 | 200m Backstroke | F | 30 | 200m Individual Medley | M |
| 5 | 100m Butterfly | M | 13 | 50m Backstroke | M | 22 | 200m Backstroke | M | 31 | 200m Individual Medley | Mix |
| 102 | 100m Butterfly – SWD | Mix | 104 | 50m Backstroke – SWD | Mix | 404 | 50m Freestyle Kick | F | 32 | 100m Backstroke | F |
| 6 | 200m Freestyle | F | 14 | 200m Breaststroke | F | 405 | 50m Freestyle Kick | M | 33 | 100m Backstroke | M |
| 7 | 200m Freestyle | M | 15 | 200m Breaststroke | M | 406 | 50m Freestyle Kick – SWD | Mix | 109 | 100m Backstroke – SWD | Mix |
| 8 | 6 x 50m Freestyle Club Relay | F | 16 | 100m Freestyle | F | 23 | 100m Breaststroke | F | 34 | 4 x 50m Freestyle Club Relay | F |
| 9 | 6 x 50m Freestyle Club Relay | M | 17 | 100m Freestyle | M | 24 | 100m Breaststroke | M | 35 | 4 x 50m Freestyle Club Relay | M |
| | | | 105 | 100m Freestyle – SWD | Mix | 107 | 100m Breaststroke – SWD | Mix | | | |
| | | | 402 | 4 x 25m Freestyle Kick Club Relay | F | 25 | 4 x 50m Medley Club Relay | F | | | |
| | | | 403 | 4 x 25m Freestyle Kick Club Relay | M | 26 | 4 x 50m Medley Club Relay | M | | | |

SWD = Swimmer with Disability