



Day 1			Day 2			Day 3			Day 4		
Session 1			Session 2			Session 4			Session 6		
Warm-Up: 3pm - 4.10pm Competition: 4.25pm			Warm-Up: 7.15am - 8.20am Competition: 8.45am			Warm-Up: 7.15am - 8.25am Competition: 8.40am			Warm-Up: 7.15am - 8.25am Competition: 8.40am		
1	400m Freestyle	M	11	2 x 50m Freestyle Relay	Mix	30	8 x 50m Freestyle Relay	Mix	49	4 x 50m Freestyle Relay (U16)	M
2	400m Freestyle	F	12	100m Individual Medley	M	31	100m Breaststroke	M	50	4 x 50m Freestyle Relay (U16)	F
3	4 x 50m Medley Relay (U16)	M	112	100m Individual Medley - MC	M	131	100m Breaststroke - MC	M	51	200m Individual Medley	M
4	4 x 50m Medley Relay (U16)	F	13	100m Individual Medley	F	32	100m Breaststroke	F	151	200m Individual Medley - MC	M
5	4 x 50m Medley Relay (16&O)	M	113	100m Individual Medley - MC	F	132	100m Breaststroke - MC	F	52	200m Individual Medley	F
6	4 x 50m Medley Relay (16&O)	F	14	200m Breaststroke	M	33	50m Butterfly	M	152	200m Individual Medley - MC	F
7	4 x 100m Freestyle Relay (U16)	M	15	200m Breaststroke	F	133	50m Butterfly - MC	M	Medal Presentations (49 – 52, 151 – 152)		
8	4 x 100m Freestyle Relay (U16)	F	Medal Presentations (11 – 15, 112 – 113)			34	50m Butterfly	F	53	4 x 50m Freestyle Relay (16&O)	M
9	4 x 100m Freestyle Relay (16&O)	M	16	100m Backstroke	M	134	50m Butterfly - MC	F	54	4 x 50m Freestyle Relay (16&O)	F
10	4 x 100m Freestyle Relay (16&O)	F	116	100m Backstroke - MC	M	Medal Presentations (30 – 34, 131 – 134)			55	50m Freestyle	M
Medal Presentations (1 – 10)			17	100m Backstroke	F	35	200m Backstroke	M	155	50m Freestyle - MC	M
			117	100m Backstroke - MC	F	36	200m Backstroke	F	56	50m Freestyle	F
			18	2 x 50m Freestyle Relay	M	37	8 x 50m Freestyle Relay	M	156	50m Freestyle - MC	F
			19	2 x 50m Freestyle Relay	F	38	8 x 50m Freestyle Relay	F	Medal Presentations (53 – 56, 155 – 156)		
			Medal Presentations (16 – 19, 116 – 117)			Medal Presentations (35 – 38)					

Day 2			Day 3		
Session 3			Session 5		
Warm-Up: 3pm - 4.10pm Competition: 4.25pm			Warm-Up: 3pm - 4.10pm Competition: 4.25pm		
20	Random Medley Skins 5 x 50m (U16)	M	39	Random Medley Skins 5 x 50m (16&O)	M
21		F	40		F
22	200m Butterfly	M	41	50m Backstroke	M
23	200m Butterfly	F	141	50m Backstroke - MC	M
24	50m Breaststroke	M	42	50m Backstroke	F
124	50m Breaststroke - MC	M	142	50m Backstroke - MC	F
25	50m Breaststroke	F	43	100m Butterfly	M
125	50m Breaststroke - MC	F	44	100m Butterfly	F
Medal Presentations (20 – 25, 124 – 125)			Medal Presentations (39 – 44, 141 – 142)		
26	100m Freestyle	M	45	200m Freestyle	M
126	100m Freestyle - MC	M	145	200m Freestyle - MC	M
27	100m Freestyle	F	46	200m Freestyle	F
127	100m Freestyle - MC	F	146	200m Freestyle - MC	F
28	4 x 50m Freestyle Relay (U16)	Mix	47	4 x 50m Medley Relay (U16)	Mix
29	4 x 50m Freestyle Relay (16&O)	Mix	48	4 x 50m Medley Relay (16&O)	Mix
Medal Presentations (26 – 29, 126 – 127)			Medal Presentations (45 – 48, 145 – 146)		

Note: *Where it is noted MC these events are available to Para Swimmers.