



NEW ZEALAND CHAMPS

Event Schedule

Version 1 – 29 September 2023

Day 1			Day 2			Day 3			Day 4			Day 5		
Heats - Session 1			Heats - Session 3			Heats - Session 5			Heats - Session 7			Heats - Session 9		
Warm-Up: 8am - 9.45am Competition: 10am			Warm-Up: 8am - 9.45am Competition: 10am			Warm-Up: 8am - 9.45am Competition: 10am			Warm-Up: 8am - 9.45am Competition: 10am			Warm-Up: 8am - 9.45am Competition: 10am		
1	400m Individual Medley	M	7	100m Backstroke	M	16	400m Freestyle	M	26	100m Freestyle	M	33	800m Freestyle (TF)	F
101	100m Breaststroke - MC	F	8	100m Backstroke	F	111	400m Freestyle - MC	M	117	100m Freestyle - MC	M	34	200m Individual Medley	M
102	100m Breaststroke - MC	M	9	50m Butterfly	M	17	400m Freestyle	F	27	200m Backstroke	F	121	200m Individual Medley - MC	M
2	1500m Freestyle (TF)	F	10	50m Butterfly	F	112	400m Freestyle - MC	F	28	200m Backstroke	M	35	200m Individual Medley	F
103	150m Individual Medley - MC	M	107	100m Butterfly - MC	M	18	100m Butterfly	M	29	100m Freestyle	F	122	200m Individual Medley - MC	F
104	150m Individual Medley - MC	F	108	100m Butterfly - MC	F	19	100m Butterfly	F	118	100m Freestyle - MC	F	36	1500m Freestyle (TF)	M
3	400m Individual Medley	F	11	200m Freestyle	M	113	50m Butterfly - MC	M	30	200m Butterfly	M	37	50m Breaststroke	M
105	100m Backstroke - MC	M	109	200m Freestyle - MC	M	114	50m Butterfly - MC	F	31	200m Butterfly	F	38	50m Breaststroke	F
106	100m Backstroke - MC	F	12	100m Breaststroke	M	20	200m Breaststroke	M	119	50m Breaststroke - MC	M	39	50m Freestyle	M
4	800m Freestyle (TF)	M	13	100m Breaststroke	F	21	200m Breaststroke	F	120	50m Breaststroke - MC	F	123	50m Freestyle - MC	M
			110	200m Freestyle - MC	F	22	50m Backstroke	M				40	50m Freestyle	F
			14	200m Freestyle	F	115	50m Backstroke - MC	M				124	50m Freestyle - MC	F
						23	50m Backstroke	F						
						116	50m Backstroke - MC	F						

Day 1			Day 2			Day 3			Day 4			Day 5		
Finals - Session 2			Finals - Session 4			Finals - Session 6			Finals - Session 8			Finals - Session 10		
Warm-Up: 3.30pm - 5.20pm Opening Ceremony: 5.25pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm Competition: 5.40pm		
201	4 x 100m Freestyle - MC	Mix	7	100m Backstroke	M	16	400m Freestyle	M	26	100m Freestyle	M	33	800m Freestyle (FTF)	F
1	400m Individual Medley	M	8	100m Backstroke	F	111	400m Freestyle - MC	M	117	100m Freestyle - MC	M	34	200m Individual Medley	M
101	100m Breaststroke - MC	F	9	50m Butterfly	M	17	400m Freestyle	F	27	200m Backstroke	F	121	200m Individual Medley - MC	M
102	100m Breaststroke - MC	M	10	50m Butterfly	F	112	400m Freestyle - MC	F	28	200m Backstroke	M	35	200m Individual Medley	F
2	1500m Freestyle (FTF)	F	107	100m Butterfly - MC	M	18	100m Butterfly	M	29	100m Freestyle	F	122	200m Individual Medley - MC	F
103	150m Individual Medley - MC	M	108	100m Butterfly - MC	F	19	100m Butterfly	F	118	100m Freestyle - MC	F	36	1500m Freestyle (FTF)	M
104	150m Individual Medley - MC	F	11	200m Freestyle	M	113	50m Butterfly - MC	M	Medal Presentations (26 - 29, 117 - 118)			Medal Presentations (33 - 36, 121 - 122)		
Medal Presentations (1 - 2, 101 - 104)			109	200m Freestyle - MC	M	114	50m Butterfly - MC	F	30	200m Butterfly	M	37	50m Breaststroke	M
3	400m Individual Medley	F	Medal Presentations (7 - 11, 107 - 109)			Medal Presentations (16 - 19, 111 - 114)			31	200m Butterfly	F	38	50m Breaststroke	F
105	100m Backstroke - MC	M	12	100m Breaststroke	M	20	200m Breaststroke	M	119	50m Breaststroke - MC	M	39	50m Freestyle	M
106	100m Backstroke - MC	F	13	100m Breaststroke	F	21	200m Breaststroke	F	120	50m Breaststroke - MC	F	123	50m Freestyle - MC	M
4	800m Freestyle (FTF)	M	110	200m Freestyle - MC	F	22	50m Backstroke	M	32	4 x 100m Freestyle Relay	Mix	40	50m Freestyle	F
5	4 x 100m Freestyle Relay	F	14	200m Freestyle	F	115	50m Backstroke - MC	M	Medal Presentations (30 - 32, 119 - 120)			124	50m Freestyle - MC	F
6	4 x 100m Freestyle Relay	M	15	4 x 100m Medley Relay	Mix	23	50m Backstroke	F				202	4 x 100m Medley Relay - MC	Mix
Medal Presentations (3 - 6, 105 - 106)			Medal Presentations (12 - 15, 110)			116	50m Backstroke - MC	F				41	4 x 100m Medley Relay	F
						24	4 x 200m Freestyle Relay	M				42	4 x 100m Medley Relay	M
						25	4 x 200m Freestyle Relay	F				Medal Presentations (37 - 42, 123 - 124)		
						Medal Presentations (20 - 25, 115 - 116)						Trophy Presentations & Recognition Ceremony		

