



# QUALIFYING TIMES

2023 Apollo Projects  
National Age Group  
Swimming Championships

Updated: 05 November 2022

12 – 16 April 2023


Hawkes Bay Regional Aquatic Centre

# MALE AGE TIMES

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For further information please contact:  
**Chloe Francis, SNZ Event Manager**

 [events@swimming.org.nz](mailto:events@swimming.org.nz)

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EVENT		13	14	15	16	17-18
50m	Free	28.80	27.80	26.81	26.00	25.60
100m	Free	1:02.50	59.60	58.40	57.50	55.80
200m	Free	2:16.00	2:11.50	2:07.80	2:04.70	2:01.50
400m	Free	4:48.80	4:36.00	4:31.00	4:21.00	4:19.40
800m	Free	9:30.00	9:20.00	9:10.00	9:00.00	8:50.00
1500m	Free	18:50.00	18:30.00	18:10.00	17:50.00	17:30.00
50m	Back	34.0	32.40	32.10	30.80	30.00
100m	Back	1:10.00	1:08.60	1:06.50	1:05.50	1:03.00
200m	Back	2:33.00	2:29.0	2:25.40	2:21.90	2:19.00
50m	Breast	38.00	35.50	35.00	32.90	32.50
100m	Breast	1:20.08	1:17.70	1:15.80	1:14.80	1:14.00
200m	Breast	2:55.20	2:50.40	2:46.00	2:42.60	2:40.00
50m	Fly	32.00	30.70	29.50	28.30	27.60
100m	Fly	1:10.70	1:07.20	1:05.00	1:02.00	1:00.80
200m	Fly	2:40.30	2:35.00	2:29.40	2:21.00	2:20.00
200m	IM	2:35.00	2:29.00	2:24.00	2:23.00	2:19.00
400m	IM	5:33.50	5:20.00	5:10.00	5:08.00	5:08.00

# FEMALE AGE TIMES

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EVENT		13	14	15	16	17-18
50m	Free	29.80	29.0	28.80	28.60	28.50
100m	Free	1:04.20	1:02.70	1:01.50	1:01.00	1:00.70
200m	Free	2:20.00	2:17.80	2:16.00	2:15.00	2:13.50
400m	Free	4:58.00	4:52.00	4:48.00	4:46.00	4:45.00
800m	Free	1:10.00	10:00.00	9:50.00	9:48.00	9:43.70
1500m	Free	19:50.00	19:30.00	19:10.00	18:50.00	18:30.00
50m	Back	34.10	33.20	33.00	32.60	32.00
100m	Back	1:12.30	1:12.10	1:11.50	1:10.00	1:09.80
200m	Back	2:39.00	2:35.00	2:34.50	2:32.00	2:31.80
50m	Breast	39.80	39.00	38.00	36.20	35.50
100m	Breast	1:24.80	1:22.50	1:21.00	1:20.00	1:19.50
200m	Breast	3:01.40	2:58.00	2:56.00	2:55.40	2:54.60
50m	Fly	32.00	31.30	31.00	30.70	30.50
100m	Fly	1:14.00	1:11.00	1:10.00	1:09.50	1:09.00
200m	Fly	2:46.40	2:42.20	2:38.10	2:37.11	2:36.00
200m	IM	2:40.00	2:37.50	2:35.50	2:35.00	2:34.00
400m	IM	5:44.60	5:38.00	5:35.00	5:32.00	5:31.00

# MALE PARA MULTI CLASS

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CLASS	FREESTYLE				CLASS	BREAST
	50M	100M	200M	400M		100M
S14	39.97	1:30.91	3:00.00	6:30.11	SB14	1:50.09
S13	39.97	1:30.91	3:00.00	6:30.11	SB13	1:50.09
S12	42.91	1:33.86	3:20.00	6:41.44	SB12	1:55.07
S11	44.34	1:38.55	3:40.00	7:18.31	SB11	2:10.32
S10	39.97	1:30.92	3:00.00	6:30.11	SB9	1:50.09
S9	42.91	1:33.86	3:10.00	6:41.44	SB8	1:56.01
S8	45.50	1:38.55	3:20.00	7:18.31	SB7	1:57.42
S7	47.04	1:42.07	3:30.00	7:33.34	SB6	2:09.51
S6	50.39	1:54.13	3:40.00	7:55.15	SB5	2:43.34
S5	57.16	1:56.83	4:05.00	7:55.15	SB4	2:43.34
S4	1:10.35	2:46.19	4:35.00	7:55.15	SB1-3	3:43.34
S1-3	2:34.38	6:14.65	8:30.00			

CLASS	BACK	FLY	CLASS	IM
	100M	50M		200M
S14	1:34.04	45.64	SM14	3:20.49
S13	1:34.04	45.64	SM13	3:20.49
S12	1:40.17	46.52	SM12	3:34.84
S11	2:21.29	58.59	SM11	3:50.78
S10	1:34.04	45.64	SM10	3:20.49
S9	1:40.17	46.52	SM9	3:28.82
S8	1:48.48	48.31	SM8	3:30.17
S7	1:54.87	51.47	SM7	4:14.28
S6	1:55.18	51.47	SM6	4:21.71
S5	2:34.00	58.59	SM5	4:21.71
S4	2:58.33	1:08.51	SM4	-----
S1-3	5:56.04	2:07.04	SM3	-----



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CLASS	FREESTYLE				CLASS	BREAST
	50M	100M	200M	400M		100M
S14	43.58	1:41.26	3:25.00	7:05.35	SB14	2:01.02
S13	43.58	1:41.26	3:25.00	7:05.35	SB13	2:01.02
S12	44.05	1:43.50	3:40.00	7:42.91	SB12	2:13.49
S11	52.20	1:52.62	3:40.00	7:42.91	SB11	2:26.09
S10	43.58	1:41.26	3:25.00	7:05.35		
S9	44.05	1:43.50	3:30.00	7:20.33	SB9	2:01.02
S8	50.55	1:48.99	3:40.00	7:39.84	SB8	2:13.49
S7	53.09	1:52.62	4:00.00	8:26.17	SB7	2:40.00
S6	59.43	2:04.09	4:25.00	8:59.52	SB6	2:45.82
S5	1:01.39	2:12.61	4:30.00	8:59.52	SB5	3:20.49
S4	1:43.38	2:41.32	6:10.00	8:59.52	SB4	4:26.59
S1-3	2:34.38	6:14.65	8:30.00		SB1-3	3:43.31

CLASS	BACK	FLY	CLASS	IM
	100M	50M		200M
S14	1:52.80	50.20	SM14	4:00.00
S13	1:52.80	50.20	SM13	4:00.00
S12	2:02.72	52.99	SM12	4:11.05
S11	2:09.13	58.36	SM11	4:36.71
S10	1:52.80	50.20	SM10	4:00.00
S9	2:02.72	52.99	SM9	4:11.05
S8	2:09.13	58.36	SM8	4:36.71
S7	2:15.99	59.30	SM7	4:52.96
S6	2:50.84	1:20.80	SM6	5:45.06
S5	3:55.00	1:42.04	SM5	6:25.46
S4	4:00.06	1:42.04	SM4	-----
S1-3	5:56.04	2:07.04	SM3	-----