



# EVENT SCHEDULE

2023 New Zealand  
Short Course  
Swimming Championships

Updated: 05 November 2022

**TUESDAY**  
8 AUGUST

**WEDNESDAY**  
9 AUGUST

**THURSDAY**  
10 AUGUST

**FRIDAY**  
11 AUGUST

**SATURDAY**  
12 AUGUST

**HEATS**

**HEATS**

**HEATS**

**HEATS**

**HEATS**

**WARM UP**  
7:00 - 8:25am

**WARM UP**  
7:00 - 8:25am

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7:00 - 8:25am

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7:00 - 8:25am

**WARM UP**  
7:00 - 8:25am

**START** 8:40am  
100M BACK (M/F)  
100M BACK MC (M/F)  
100M IM (M/F)  
100M IM MC (M/F)  
200M BREAST (M/F)  
150M IM MC (M/F)  
800M FREE TF (M)  
1500M FREE TF (F)

**START** 8:40am  
50M FLY (M/F)  
50M FLY MC (M/F)  
400M IM (M/F)  
200M FREE (M)  
400M FREE MC TF (M)  
200M FREE (F)  
400M FREE MC TF (F)

**START** 8:40am  
200M BACK (M/F)  
100M FLY (M/F)  
100M FLY MC (M/F)  
50M BREAST (M/F)  
50M BREAST MC (M/F)  
50M BACK (M/F)  
50M BACK MC (M/F)  
400M FREE (M)  
200M FREE MC (M)  
400M FREE (F)  
200M FREE MC (F)

**START** 8:40am  
50M BACK (M/F)  
50M BACK MC (M/F)  
200M FLY (M/F)  
100M BREAST (M/F)  
100M BREAST MC (M/F)  
100M FREE (M/F)  
100M FREE MC (M/F)

**START** 8:40am  
50M FREE (M/F)  
50M FREE MC (M/F)  
200M IM (M/F)  
200M IM MC (M/F)  
1500M FREE TM (M)  
800M FREE TM (F)

**FINALS**

**FINALS**

**FINALS**

**FINALS**

**FINALS**

**WARM UP**  
4:00 - 5:25pm

**WARM UP**  
4:00 - 5:25pm

**WARM UP**  
4:00 - 5:25pm

**WARM UP**  
4:00 - 5:25pm

**WARM UP**  
4:00 - 5:25pm

**START** 5:45pm  
4x100M FREE MC (MIX)  
100M BACK (M/F)  
100M BACK MC (M/F)  
100M IM (M/F)  
100M IM MC (M/F)  
200M BREAST (M/F)  
150M IM MC (M/F)  
800M FREE TF (M)  
1500M FREE TF (F)  
4x100M FREE (M)  
4x100M FREE (F)

**START** 5:45pm  
50M FLY (M/F)  
50M FLY MC (M/F)  
400M IM (M/F)  
200M FREE (M)  
200M FREE (F)  
4x100M MEDLEY (M)  
4x100M MEDLEY (F)

**START** 5:45pm  
200M BACK (M/F)  
100M FLY (M/F)  
100M FLY MC (M/F)  
50M BREAST (M/F)  
50M BREAST MC (M/F)  
50M BACK (M/F)  
50M BACK MC (M/F)  
400M FREE (M)  
200M FREE MC (M)  
400M FREE (F)  
4x50M qFREE (M/F)

**START** 5:45pm  
50M BACK (M/F)  
50M BACK MC (M/F)  
200M FLY (M/F)  
100M BREAST (M/F)  
100M BREAST MC (M/F)  
100M FREE (M/F)  
100M FREE MC (M/F)  
4x50M MEDLEY (M/F)

**START** 5:45pm  
50M FREE (M/F)  
50M FREE MC (M/F)  
200M IM (M/F)  
200M IM MC (M/F)  
1500M FREE TM (M)  
800M FREE TM (F)  
4x100M FREE (MIX)  
4x100M MEDLEY (MIX)