



QUALIFYING TIMES

2023 Apollo Projects
National Age Group
Swimming Championships

Updated: 05 November 2022

12 – 16 April 2023


Hawkes Bay Regional Aquatic Centre

MALE AGE TIMES

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For further information please contact:
Chloe Francis, SNZ Event Manager

 events@swimming.org.nz

 +64 21 2665 893


EVENT		13	14	15	16	17-18
50m	Free	27.50	26.85	26.25	25.95	25.00
100m	Free	1:00.00	58.80	57.30	56.00	54.00
200m	Free	2:11.00	2:07.00	2:02.00	2:01.50	1:59.00
400m	Free	4:38.00	4:33.20	4:28.13	4:21.50	4:19.00
800m	Free	9:40.00	9:25.00	9:10.00	8:55.00	8:40.00
1500m	Free	18:20.00	17:50.00	17:20.00	17:00.00	16:55.00
50m	Back	32.55	31.05	30.25	30.20	29.50
100m	Back	1:10.08	1:07.17	1:05.68	1:05.57	1:02.00
200m	Back	2:29.60	2:25.60	2:22.17	2:21.00	2:18.00
50m	Breast	35.97	35.50	35.00	32.90	32.50
100m	Breast	1:18.75	1:17.70	1:15.80	1:14.80	1:14.00
200m	Breast	2:51.29	2:50.40	2:46.00	2:42.60	2:40.00
50m	Fly	30.77	29.57	28.95	28.00	27.50
100m	Fly	1:08.00	1:05.00	1:02.00	1:01.00	1:00.00
200m	Fly	2:37.49	2:30.61	2:26.64	2:25.69	2:24.70
100m	IM	1:10.50	1:07.35	1:05.37	1:04.72	1:02.05
200m	IM	2:31.00	2:27.27	2:21.00	2:18.00	2:17.00
400m	IM	5:26.70	5:13.20	5:08.20	5:06.70	5:03.16

FEMALE AGE TIMES

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EVENT		13	14	15	16	17-18
50m	Free	29.00	28.60	28.30	28.30	28.30
100m	Free	1:03.50	1:02.20	1:01.60	1:01.60	1:01.00
200m	Free	2:17.00	2:14.00	2:12.75	2:12.50	2:12.00
400m	Free	4:50.00	4:46.50	4:43.00	4:41.70	4:40.20
800m	Free	9:55.00	9:40.00	9:24.00	9:21.00	9:20.00
1500m	Free	18:50.00	18:25.00	18:15.00	18:05.00	18:00.00
50m	Back	33.00	32.80	32.50	32.01	31.87
100m	Back	1:10.50	1:09.50	1:09.00	1:08.25	1:08.00
200m	Back	2:33.00	2:30.50	2:30.00	2:28.50	2:28.05
50m	Breast	37.87	37.38	36.90	36.71	36.45
100m	Breast	1:22.82	1:21.73	1:21.24	1:20.75	1:20.24
200m	Breast	2:57.42	2:54.76	2:52.96	2:51.36	2:50.65
50m	Fly	32.00	31.30	31.00	30.90	30.90
100m	Fly	1:12.00	1:11.00	1:10.00	1:09.50	1:09.50
200m	Fly	2:43.57	2:39.63	2:36.17	2:35.20	2:34.70
100m	IM	1:13.19	1:11.82	1:11.32	1:10.09	1:08.33
200m	IM	2:37.00	2:34.00	2:32.00	2:30.00	2:30.00
400m	IM	5:37.81	5:30.20	5:29.12	5:27.90	5:27.09

MALE PARA MULTI CLASS

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CLASS	FREESTYLE				CLASS	BREAST	
	50M	100M	200M	400M		50M	100M
S14	37.98	1:23.89	3:00.00	6:30.11	SB14	48.08	1:46.60
S13	37.98	1:23.89	3:00.00	6:30.11	SB13	48.08	1:46.60
S12	38.60	1:28.04	3:20.00	6:41.44	SB12	50.39	1:50.04
S11	41.42	1:33.59	3:40.00	7:18.31	SB11	54.88	1:55.58
S10	37.98	1:23.89	3:00.00	6:30.11	SB9	48.08	1:46.60
S9	39.61	1:28.04	3:10.00	6:41.44	SB8	49.99	1:53.63
S8	42.05	1:31.30	3:20.00	7:18.31	SB7	55.48	2:09.98
S7	44.57	1:38.56	3:30.00	7:33.34	SB6	56.95	2:19.19
S6	47.50	1:46.18	3:40.00	7:55.15	SB5	1:05.37	2:26.72
S5	51.92	1:55.33	4:05.00	7:55.15	SB4	1:29.16	2:37.26
S4	1:00.23	2:12.63	4:35.00	7:55.15	SB1-3	1:49.81	3:40.00
S1-3	2:20.88	4:59.72	8:30.00				


CLASS	BACK		FLY		CLASS	IM	
	50M	100M	50M	100M		150M	200M
S14	42.59	1:31.14	40.77	1:31.89	SM14	-	3:28.21
S13	42.59	1:31.14	40.77	1:31.89	SM13	-	3:28.21
S12	44.60	1:36.05	44.90	1:37.61	SM12	-	3:40.40
S11	48.18	1:47.39	48.53	1:48.14	SM11	-	3:54.80
S10	42.59	1:31.14	40.77	1:31.89	SM10	-	3:28.21
S9	44.81	1:38.39	41.49	1:33.00	SM9	-	3:36.93
S8	49.66	1:47.10	44.79	1:35.20	SM8	-	3:51.63
S7	52.09	1:56.01	48.24	2:00.00	SM7	-	4:23.18
S6	53.61	1:59.21	52.08	2:10.00	SM6	-	4:20.63
S5	1:00.00	2:30.00	57.35	2:30.00	SM5	-	6:10.94
S4	1:14.85	2:50.00	1:03.51	3:00.00	SM4	4:08.96	-----
S1-3	1:59.58	4:50.00	1:39.77	3:30.00	SM3	6:24.31	-----

FEMALE PARA MULTI CLASS

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CLASS

FREESTYLE

	50M	100M	200M	400M
S14	44.73	1:33.25	3:25.00	7:05.35
S13	44.73	1:33.25	3:25.00	7:05.35
S12	47.85	1:38.90	3:40.00	7:42.91
S11	49.80	1:49.97	3:40.00	7:42.91
S10	44.73	1:33.25	3:25.00	7:05.35
S9	45.97	1:38.85	3:30.00	7:20.33
S8	49.73	1:43.08	3:40.00	7:39.84
S7	52.48	1:51.54	4:00.00	8:26.17
S6	57.57	2:02.79	4:25.00	8:59.52
S5	59.09	2:08.93	4:30.00	8:59.52
S4	1:21.71	2:58.44	6:10.00	8:59.52
S1-3	2:20.88	4:59.72	8:30.00	-

CLASS

BREAST

	50M	100M
SB14	49.46	1:54.80
SB13	49.46	1:54.80
SB12	54.34	2:03.05
SB11	1:01.45	2:34.72
SB9	49.46	1:54.80
SB8	56.82	2:11.81
SB7	1:07.61	2:30.77
SB6	1:10.60	2:39.18
SB5	1:15.75	2:53.81
SB4	1:39.57	3:02.79
SB1-3	1:49.81	3:40.00

CLASS

BACK

	50M	100M
S14	48.82	1:49.84
S13	48.82	1:49.84
S12	51.63	1:54.17
S11	55.29	2:15.53
S10	48.82	1:49.84
S9	50.39	1:50.28
S8	58.91	2:05.71
S7	1:00.50	2:13.52
S6	1:08.27	2:20.07
S5	1:10.19	2:40.00
S4	1:34.91	3:20.00
S1-3	1:59.58	4:50.00

FLY

	50M	100M
S14	47.30	1:49.12
S13	47.30	1:49.12
S12	49.92	1:56.54
S11	56.44	2:15.00
S10	47.30	1:49.12
S9	48.23	1:49.82
S8	50.03	1:56.53
S7	59.55	2:30.00
S6	1:03.11	2:35.00
S5	1:16.71	2:50.00
S4	1:29.76	3:30.00
S1-3	1:39.77	3:30.00

CLASS

IM

	150M	200M
SM14	-	3:50.98
SM13	-	3:50.98
SM12	-	3:59.10
SM11	-	4:57.93
SM10	-	3:50.98
SM9	-	4:08.03
SM8	-	4:27.90
SM7	-	4:50.81
SM6	-	5:02.01
SM5	-	6:23.12
SM4	5:23.18	-
SM3	6:24.31	-